

**Medical Questionnaire and Tissue Banking for Multiple Myeloma, Waldenström
Macroglobulinemia, and Related Disorders**

DFCI Protocol Number: 09-233 Principal Investigator: Irene M. Ghobrial, MD

**Please complete and return in enclosed envelope to Irene Ghobrial at: Dana-
Farber Cancer Institute,
450 Brookline Avenue, LG-LC, Boston, MA 02115.
OR fax to 617-582-7153 OR email to DFCIissuebank@gmail.com**

Name: _____ **Gender:** Male Female

D.O.B (mm/dd/yyyy): _____ **Today's Date (mm/dd/yyyy):** _____

We invite you to participate in a research project that is being organized by Dana-Farber/Harvard Cancer Center. We are studying the molecular characteristics of Multiple Myeloma (MM), Waldenström Macroglobulinemia (WM), Monoclonal Gammopathy of Undetermined Significance (MGUS), smoldering MM (sMM) and other lymphoplasmacytic lymphomas (LPL). Your participation in this study will help us understand the causes and help us move toward prevention and improved treatment. As part of the study, we will ask you to complete a medical questionnaire.

Research participation is voluntary, and a decision not to participate will not affect your care. All information that contains personal identifiers will be held in strict confidence and will not be released without your signed consent.

Have you signed informed consent? No Yes

*If no, please sign the informed consent document
before completing this questionnaire.*

Are you willing to complete this questionnaire? No Yes

*If no, please mark your response and mail back,
and we will not contact you again.*

If yes, please provide the contact information identified below.

Mailing Address: _____

Telephone Number: _____

Email Address: _____

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CANCER HISTORY

1.) Were you ever diagnosed by a physician with any of the following types of cancer listed below?
 Select **all** that apply.

Cancer diagnosis	Approximate diagnosis date	How was your diagnosis established?
<input type="checkbox"/> Monoclonal gammopathy of unknown significance (MGUS)		<input type="checkbox"/> Lymph node biopsy <input type="checkbox"/> Bone marrow biopsy <input type="checkbox"/> Test on your blood <input type="checkbox"/> Test on your urine <input type="checkbox"/> Other (Please specify _____)
<input type="checkbox"/> Smoldering Myeloma (SM)		<input type="checkbox"/> Lymph node biopsy <input type="checkbox"/> Bone marrow biopsy <input type="checkbox"/> Test on your blood <input type="checkbox"/> Test on your urine <input type="checkbox"/> Other (Please specify _____)
<input type="checkbox"/> Multiple Myeloma (MM)		<input type="checkbox"/> Lymph node biopsy <input type="checkbox"/> Bone marrow biopsy <input type="checkbox"/> Test on your blood <input type="checkbox"/> Test on your urine <input type="checkbox"/> Other (Please specify _____)
<input type="checkbox"/> Lymphoplasmacytic lymphoma (LPL)		<input type="checkbox"/> Lymph node biopsy <input type="checkbox"/> Bone marrow biopsy <input type="checkbox"/> Test on your blood <input type="checkbox"/> Test on your urine <input type="checkbox"/> Other (Please specify _____)
<input type="checkbox"/> Waldenström's Macroglobulinemia (WM)		<input type="checkbox"/> Lymph node biopsy <input type="checkbox"/> Bone marrow biopsy <input type="checkbox"/> Test on your blood <input type="checkbox"/> Test on your urine <input type="checkbox"/> Other (Please specify _____)

If you are a patient diagnosed with any of the cancers listed above, please provide the following related to your care:

Primary Oncologist Name _____

Primary Oncologist Address: _____

Primary Oncologist Telephone: _____

<input type="checkbox"/> I am not a patient diagnosed with any of the cancers listed above. I am one of the following:	
<input type="checkbox"/> Family member of: <input type="checkbox"/> Non-family acquaintance of: (i.e., neighbor or friend who has not ever shared a residence with the patient)	Patient Name: _____ Patient Date of Birth: _____

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PATIENT BACKGROUND INFORMATION

2.) How would you describe your racial background? Select **all** that apply.

Race and Ethnicity	
<input type="checkbox"/>	Ashkenazi Jewish
<input type="checkbox"/>	Arab/West Asian (e.g. Armenian, Egyptian, Iranian, Lebanese, Moroccan)
<input type="checkbox"/>	Black
<input type="checkbox"/>	Caucasian
<input type="checkbox"/>	Chinese
<input type="checkbox"/>	Filipino
<input type="checkbox"/>	Japanese
<input type="checkbox"/>	Korean
<input type="checkbox"/>	Latin American
<input type="checkbox"/>	Native/aboriginal people of North America
<input type="checkbox"/>	South Asian (e.g. East Indian, Pakistani, Punjabi, Sri Lankan)
<input type="checkbox"/>	South East Asian (e.g. Cambodian, Indonesian, Laotian, Vietnamese)
<input type="checkbox"/>	Other (Please specify: _____)

3.) Were you born in the US? Yes No, I was born in _____ (country)

4.) In what religion were you raised?

- | | |
|-------------------------------------|--|
| <input type="checkbox"/> None | <input type="checkbox"/> Muslim |
| <input type="checkbox"/> Catholic | <input type="checkbox"/> Eastern Orthodox (Greek or Russian) |
| <input type="checkbox"/> Protestant | <input type="checkbox"/> Mormon |
| <input type="checkbox"/> Buddhism | <input type="checkbox"/> Seventh Day Adventist |
| <input type="checkbox"/> Hindu | <input type="checkbox"/> Other |
| <input type="checkbox"/> Jewish | (Please specify _____) |
-

5.) What best describes your educational status? Select **one**.

- | | |
|---|--|
| <input type="checkbox"/> Some grade school | <input type="checkbox"/> Some college or associate's degree |
| <input type="checkbox"/> Some high school | <input type="checkbox"/> College degree (bachelor's or equivalent) |
| <input type="checkbox"/> High school graduate | <input type="checkbox"/> Graduate or professional school |
| <input type="checkbox"/> Vocational or technical school
beyond high school | <input type="checkbox"/> Other (Please
specify _____) |

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PATIENT BACKGROUND INFORMATION, continued

6.) What is your current employment status?

- | | |
|---|---|
| <input type="checkbox"/> Disabled | <input type="checkbox"/> Part time student |
| <input type="checkbox"/> Employed 32 hours or more per week | <input type="checkbox"/> Retired |
| <input type="checkbox"/> Employed less than 32 hours per week | <input type="checkbox"/> Unemployed and/or seeking work |
| <input type="checkbox"/> Full time student | <input type="checkbox"/> Other (Please |
| <input type="checkbox"/> Homemaker | specify _____) |
| <input type="checkbox"/> On medical leave | |

7.) In which of the following locations have you lived the longest?

- On a farm
- Rural area, but not a farm
- City or town, population under 10,000
- City or town, population 10,000 to 100,000
- City or town, population over 100,000

8.) Have you ever lived in a residence situated within one kilometer (~6 blocks) of the following?

- Airport.....For approximately _____ years
- Railroad Station.....For approximately _____ years
- Railroad Track.....For approximately _____ years
- Industrial Site.....For approximately _____ years
- Multi-Lane HighwayFor approximately _____ years

9.) What is your current marital status?

- Married
 - Widowed
 - Separated
 - Divorced
 - Never married
 - Living with someone in a marriage-like relationship
-

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PATIENT BACKGROUND INFORMATION, continued

10.) What is your current weight? Pounds Kilograms

11.) What was your weight 6 months ago? Pounds Kilograms

12.) Have you lost any weight in the past year? No Yes

a.) If yes, approximately how much weight have you lost? Pounds Kilograms

- | | |
|--------------------------------|-----------------------------------|
| <input type="checkbox"/> 2-4 | <input type="checkbox"/> 30-49 |
| <input type="checkbox"/> 5-9 | <input type="checkbox"/> 50+ |
| <input type="checkbox"/> 10-14 | <input type="checkbox"/> Not sure |
| <input type="checkbox"/> 15-29 | |

13.) During the past two years, did you intentionally lose weight? No Yes

a.) If yes, approximately how much have you lost? Pounds Kilograms

- | | |
|--------------------------------|-----------------------------------|
| <input type="checkbox"/> 2-4 | <input type="checkbox"/> 30-49 |
| <input type="checkbox"/> 5-9 | <input type="checkbox"/> 50+ |
| <input type="checkbox"/> 10-14 | <input type="checkbox"/> Not sure |
| <input type="checkbox"/> 15-29 | |

14.) What is your current height? Feet Meters

Inches Centimeters

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PAST CANCER HISTORY, continued

15.) In the past, have you ever had any of the following types of cancer listed below? If yes, please specify the type of treatment you received for it. Check all that apply (do not include basal cell skin cancer, MGUS, MM, Smoldering Myeloma, Lymphoplasmacytic lymphoma or WM).

Cancer diagnosis	Approximate diagnosis date	Chemotherapy	Surgery	Hormone Therapy	Radiation Therapy
<input type="checkbox"/> Bladder		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Bone		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Brain		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Breast		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Colon		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Colorectal		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Hodgkin's lymphoma		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Invasive cervical		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Kidney		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Leukemia		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Liver		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Lung		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Melanoma		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Mouth/throat		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Muscle		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Non Hodgkin's Lymphoma		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Ovary		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Pancreas		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Prostate		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Rectal		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Sarcoma		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Skin		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Stomach		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Thyroid		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Unknown primary		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Uterus/Endometrium		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Other (Please specify: _____)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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MEDICAL HISTORY

16.) Has a doctor ever diagnosed you with any of the following conditions?

	No	Yes	Specify Treatment, if any:
Rheumatoid Arthritis	<input type="checkbox"/>	<input type="checkbox"/>	
Lupus erythematosus	<input type="checkbox"/>	<input type="checkbox"/>	
Celiac Sprue	<input type="checkbox"/>	<input type="checkbox"/>	
Sjögren's Syndrome	<input type="checkbox"/>	<input type="checkbox"/>	
HIV	<input type="checkbox"/>	<input type="checkbox"/>	
Lymph node Enlargement	<input type="checkbox"/>	<input type="checkbox"/>	
Hemolytic anemia	<input type="checkbox"/>	<input type="checkbox"/>	
Pernicious anemia	<input type="checkbox"/>	<input type="checkbox"/>	
Osteopenia or osteoporosis	<input type="checkbox"/>	<input type="checkbox"/>	
Renal Insufficiency (kidney problems)	<input type="checkbox"/>	<input type="checkbox"/>	
Venous Thrombosis (blood clots)?	<input type="checkbox"/>	<input type="checkbox"/>	
Stroke/TIA (transient ischemic attack)?	<input type="checkbox"/>	<input type="checkbox"/>	
Inflammatory bowel disease (ulcerative colitis/ Crohn's disease)	<input type="checkbox"/>	<input type="checkbox"/>	
Infectious mononucleosis (i.e. mono)	<input type="checkbox"/>	<input type="checkbox"/>	
Diabetes mellitus	<input type="checkbox"/>	<input type="checkbox"/>	
Thyroid disorder	<input type="checkbox"/>	<input type="checkbox"/>	
Other autoimmune disease (please specify _____)	<input type="checkbox"/>	<input type="checkbox"/>	

TOBACCO HISTORY

17.) Have you smoked more than five standard packs of cigarettes (i.e., more than 100 cigarettes) in your lifetime? No Yes

If Yes...

a.) How old were you when you started smoking cigarettes?

b.) Throughout the time that you smoked cigarettes, what is the average number of cigarettes per day that you smoked?

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TOBACCO HISTORY, continued

c.) Do you currently smoke cigarettes? No Yes

If No...

d.) What age were you when you stopped smoking cigarettes?

18.) Have you ever been exposed to someone else's tobacco smoke? No Yes

a.) If yes, for how long were you exposed? Months Years

b.) If yes, on average how many hours per week were you exposed?

19.) Please indicate where you typically experienced exposure to someone else's smoke.

Select **all** that apply.

- Home
 - Work
 - Other (please specify _____)
-

20.) Have you ever used any of the other tobacco or related products listed below? If yes, please indicate the number of times per day and number of years used.

Chewing tobacco	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Number of times per day _____	Number of years _____
Snuff or dip	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Number of times per day _____	Number of years _____
Pipes	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Number of times per day _____	Number of years _____
Cigars	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Number of times per day _____	Number of years _____
Nicotine gum/patch	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Number of times per day _____	Number of years _____

SOCIAL HISTORY

21.) Have you ever or do you currently drink alcohol?

- No, never. Yes, but only in the past. Yes, currently.

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SOCIAL HISTORY, continued

a.) If yes, at what age did you **FIRST** start drinking alcohol at least once per week for a period of 6 months or longer?

b.) For how many years total have you consumed alcohol at least once per week?

c.) If you have stopped, at what age did you stop drinking alcohol at least once per week? Not Applicable – have not stopped

22.) For each type of alcohol listed below, please list the average number of drinks per week.

a.) Beer (12 oz. can or bottle) Number of drinks per week

b.) Wine or wine cooler (4 oz. glass) Number of drinks per week
 i.) Please circle one: Red or White

c.) Liquor (1 shot or jigger) Number of drinks per week

23.) If your alcohol intake in the past was different from now, for each type of alcohol listed below, please list the average number of drinks per week.

a.) Beer (12 oz. can or bottle) Number of drinks per week

b.) Wine or wine cooler (4 oz. glass) Number of drinks per week
 i.) Please circle one: Red or White

c.) Liquor (1 shot or jigger) Number of drinks per week

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FAMILY HISTORY

24.) Please provide information about your immediate family: parents, grandparents, uncles, aunts, siblings and children as well as their history of cancer. These questions only apply to full biological or blood relatives. Do not include relatives through marriage or adoption, and do not include step- or half-brothers or sisters.

If you are unsure about or do not know the information for a relative, please put “DK” in the space provided.

Blood Relative	How many do you have?	Have any of them been diagnosed with cancer?		
Brothers		<input type="checkbox"/> No	<input type="checkbox"/> Yes	<input type="checkbox"/> Don't Know
Sisters		<input type="checkbox"/> No	<input type="checkbox"/> Yes	<input type="checkbox"/> Don't Know
Daughters		<input type="checkbox"/> No	<input type="checkbox"/> Yes	<input type="checkbox"/> Don't Know
Sons		<input type="checkbox"/> No	<input type="checkbox"/> Yes	<input type="checkbox"/> Don't Know
Parents		<input type="checkbox"/> No	<input type="checkbox"/> Yes	<input type="checkbox"/> Don't Know
Grandparents		<input type="checkbox"/> No	<input type="checkbox"/> Yes	<input type="checkbox"/> Don't Know
Uncles		<input type="checkbox"/> No	<input type="checkbox"/> Yes	<input type="checkbox"/> Don't Know
Aunts		<input type="checkbox"/> No	<input type="checkbox"/> Yes	<input type="checkbox"/> Don't Know

**Cancer Types		
Bladder	Leukemia	Pancreatic
Blood	Liver	Prostate
Brain	Lung	Rectum
Breast	Melanoma	Stomach
Colon	MGUS	Thyroid
Colorectal	Mouth/Throat	Unknown
Hodgkin's Lymphoma	Myeloma	Uterine/Endometrial
Invasive Cervical	Non-Hodgkin's Lymphoma	Waldenström's Macroglobulinemia
Kidney	Ovarian	Other (specify)

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FAMILY HISTORY, continued

Note: Please complete this section only for blood relatives diagnosed with cancer. If you have more than one relative of a particular type who has been diagnosed with cancer, please assign each a number in the relative column (e.g. Sister 1, Sister 2).

Blood Relative	Maternal (M)/ Paternal (P)/ Both (B)	Cancer Type**	Age at diagnosis <i>Enter DK if unknown</i>	Is Age estimated to decade?	Alive?	If deceased, at what age?
Sample Sister 1	M	Myeloma	63	<input type="checkbox"/> Yes	<input type="checkbox"/> No <input checked="" type="checkbox"/> Yes <input type="checkbox"/> DK	N/A
				<input type="checkbox"/> Yes	<input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> DK	
				<input type="checkbox"/> Yes	<input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> DK	
				<input type="checkbox"/> Yes	<input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> DK	
				<input type="checkbox"/> Yes	<input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> DK	
				<input type="checkbox"/> Yes	<input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> DK	
				<input type="checkbox"/> Yes	<input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> DK	
				<input type="checkbox"/> Yes	<input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> DK	
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				<input type="checkbox"/> Yes	<input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> DK	
				<input type="checkbox"/> Yes	<input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> DK	
				<input type="checkbox"/> Yes	<input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> DK	
				<input type="checkbox"/> Yes	<input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> DK	
				<input type="checkbox"/> Yes	<input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> DK	

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OB/GYN HISTORY (If Male, please skip to Question 30)

25.) At what age did you have your first menstrual period?

- | | |
|--|--|
| <input type="checkbox"/> Younger than 11 | <input type="checkbox"/> 14 |
| <input type="checkbox"/> 11 | <input type="checkbox"/> 15 |
| <input type="checkbox"/> 12 | <input type="checkbox"/> 16 |
| <input type="checkbox"/> 13 | <input type="checkbox"/> Older than 16 |

26.) Have you ever been pregnant? No Yes

If yes:

- a.) How many times have you been pregnant?
- b.) How many miscarriages have you had?
- c.) How many abortions have you had?
- d.) How many live births have you had?
- e.) If you have children, what was your age at your first live birth?

- i.) If you had/ have children, did / do you breastfeed? No Yes

If yes:

- ii.) How many of your children did you breastfeed?
- iii.) What was the total number of months you spent breastfeeding?

- iv.) Did you ever experience mastitis (an infection of the breast)? No Yes

27.) Have you had a menstrual period within the last six months?

- No
 Yes; have menstrual periods on hormone replacement therapy
 Yes; natural menstrual periods or menstrual periods on birth control pills
 Not sure
-

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OB/GYN HISTORY, continued

If no,

a.) Why did your periods stop?

- | | |
|---|---|
| <input type="checkbox"/> Anorexia | <input type="checkbox"/> Lupron |
| <input type="checkbox"/> Athlete | <input type="checkbox"/> Natural menopause |
| <input type="checkbox"/> Both ovaries removed; no hysterectomy | <input type="checkbox"/> Pregnancy and/or breastfeeding |
| <input type="checkbox"/> Chemotherapy or radiation therapy | <input type="checkbox"/> Other medication that suppresses your period |
| <input type="checkbox"/> Hysterectomy with both ovaries removed | <input type="checkbox"/> Other |
| <input type="checkbox"/> Hysterectomy with ovaries left in | (Please specify _____) |
| <input type="checkbox"/> Hysterectomy; not sure about ovaries | |

28.) Have you ever used estrogen or estrogen replacement therapy? No Yes

a.) If yes, what form of estrogen do/did you use? Select **all** that apply

- Estring
 - Patch
 - Pill
 - Vaginal Cream
 - Other
- (Please specify _____)

OTHER MEDICATIONS and/or TREATMENTS

**29.) Outside of a multivitamin do you REGULARLY use other complementary/nontraditional/
alternative therapies?**

No Yes

a.) If yes, which therapies? Select **all** that apply

- | | | |
|--|---------------------------------------|---|
| <input type="checkbox"/> Acupressure | <input type="checkbox"/> Hypnosis | <input type="checkbox"/> Spiritual healing |
| <input type="checkbox"/> Acupuncture | <input type="checkbox"/> Macrobiotics | <input type="checkbox"/> Tai Chi or Chi Gong |
| <input type="checkbox"/> Biofeedback | <input type="checkbox"/> Massage | <input type="checkbox"/> Other (Please specify _____) |
| <input type="checkbox"/> Body Work | <input type="checkbox"/> Meditation | |
| <input type="checkbox"/> Herbal and botanical remedies | <input type="checkbox"/> Megavitamins | |
| | <input type="checkbox"/> Reiki | |

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OTHER MEDICATIONS and/or TREATMENTS, continued

30.) Please complete the table below by indicating average use for the following:

Aspirin (including regular Anacin, Bufferin, etc. but NOT aspirin-free products or Tylenol or Acetaminophen)

Non-Steroidal Anti-Inflammatory Drugs (including Ibuprofen, Advil, Motrin, Aleve, Nuprin, Naprosyn, Anaprox, Relafen, Clinoril, Indocin, Feldene, Keptoprofen, Celebrex, Vioxx but NOT aspirin-free products or Tylenol or Acetaminophen).

Medication Name	Average frequency of use	Average number taken per week	If you use ½ tablet or more per week, for how many years have you been taking it?
Aspirin	<input type="checkbox"/> 0 days <input type="checkbox"/> 1-3 days per month <input type="checkbox"/> 1-2 days per week <input type="checkbox"/> 3-4 days per week <input type="checkbox"/> 5-6 days per week <input type="checkbox"/> Daily	<input type="checkbox"/> 0 tablets <input type="checkbox"/> ½ - 2 tablets <input type="checkbox"/> 3-5 tablets <input type="checkbox"/> 6-14 tablets <input type="checkbox"/> 15 or more tablets <i>(4 baby aspirin = 1 tablet)</i>	<input type="checkbox"/> 1 or less <input type="checkbox"/> 2-4 <input type="checkbox"/> 5-9 <input type="checkbox"/> 10 or more
Non-Steroidal Anti-Inflammatory Drugs	<input type="checkbox"/> 0 days <input type="checkbox"/> 1-3 days per month <input type="checkbox"/> 1-2 days per week <input type="checkbox"/> 3-4 days per week <input type="checkbox"/> 5-6 days per week <input type="checkbox"/> Daily	<input type="checkbox"/> 0 tablets <input type="checkbox"/> ½ - 2 tablets <input type="checkbox"/> 3-5 tablets <input type="checkbox"/> 6-14 tablets <input type="checkbox"/> 15 or more tablets	<input type="checkbox"/> 1 or less <input type="checkbox"/> 2-4 <input type="checkbox"/> 5-9 <input type="checkbox"/> 10 or more
Acetaminophen/ Tylenol	<input type="checkbox"/> 0 days <input type="checkbox"/> 1-3 days per month <input type="checkbox"/> 1-2 days per week <input type="checkbox"/> 3-4 days per week <input type="checkbox"/> 5-6 days per week <input type="checkbox"/> Daily	<input type="checkbox"/> 0 tablets <input type="checkbox"/> ½ - 2 tablets <input type="checkbox"/> 3-5 tablets <input type="checkbox"/> 6-14 tablets <input type="checkbox"/> 15 or more tablets	<input type="checkbox"/> 1 or less <input type="checkbox"/> 2-4 <input type="checkbox"/> 5-9 <input type="checkbox"/> 10 or more

**Medical Questionnaire and Tissue Banking for Multiple Myeloma, Waldenström
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OTHER MEDICATIONS and/or TREATMENTS, continued

31.) Please complete the table below by indicating average use for the medications listed.

Medication Name	Medication use	Average number taken per week	If you use ½ tablet or more per week, for how many years have you been taking it?
Multivitamin	<input type="checkbox"/> Take <input type="checkbox"/> Do not take	<input type="checkbox"/> 2 or less <input type="checkbox"/> 3-5 <input type="checkbox"/> 6-9 <input type="checkbox"/> 10 or more	<input type="checkbox"/> 1 or less <input type="checkbox"/> 2-4 <input type="checkbox"/> 5-9 <input type="checkbox"/> 10 or more
Folate Supplement (not including a multivitamin)	<input type="checkbox"/> Take <input type="checkbox"/> Do not take	<input type="checkbox"/> 0 tablets <input type="checkbox"/> ½ - 2 tablets <input type="checkbox"/> 3-5 tablets <input type="checkbox"/> 6-14 tablets <input type="checkbox"/> 15 or more tablets	<input type="checkbox"/> 1 or less <input type="checkbox"/> 2-4 <input type="checkbox"/> 5-9 <input type="checkbox"/> 10 or more
Antacids (Maalox, Rolaids, Tums, etc.)	<input type="checkbox"/> Take currently <input type="checkbox"/> Took only in the past <input type="checkbox"/> Do not take	N/A	<input type="checkbox"/> 1 or less <input type="checkbox"/> 2-4 <input type="checkbox"/> 5-9 <input type="checkbox"/> 10 or more
Statins (cholesterol-lowering drugs such as Lipitor, Crestor, Pravachol, etc.)	<input type="checkbox"/> Take currently <input type="checkbox"/> Took only in the past <input type="checkbox"/> Do not take	N/A	<input type="checkbox"/> 1 or less <input type="checkbox"/> 2-4 <input type="checkbox"/> 5-9 <input type="checkbox"/> 10 or more
Metformin (for diabetes)	<input type="checkbox"/> Take currently <input type="checkbox"/> Took only in the past <input type="checkbox"/> Do not take	N/A	<input type="checkbox"/> 1 or less <input type="checkbox"/> 2-4 <input type="checkbox"/> 5-9 <input type="checkbox"/> 10 or more
Insulin (for diabetes)	<input type="checkbox"/> Take currently <input type="checkbox"/> Took only in the past <input type="checkbox"/> Do not take	N/A	<input type="checkbox"/> 1 or less <input type="checkbox"/> 2-4 <input type="checkbox"/> 5-9 <input type="checkbox"/> 10 or more

**Medical Questionnaire and Tissue Banking for Multiple Myeloma, Waldenström
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OTHER MEDICATIONS and/or TREATMENTS, continued

32.) Not counting multivitamins, do you take any of the following individual vitamin supplements?

- | | |
|--------------------------------------|------------------------------------|
| <input type="checkbox"/> Vitamin A | <input type="checkbox"/> Vitamin C |
| <input type="checkbox"/> Vitamin B6 | <input type="checkbox"/> Vitamin D |
| <input type="checkbox"/> Vitamin B12 | <input type="checkbox"/> Vitamin E |

33.) Are there any other supplements that you take on a regular basis?

- | | | |
|---|--|--|
| <input type="checkbox"/> Metamucil/Citrucel | <input type="checkbox"/> Ginkgo Biloba | <input type="checkbox"/> Curcumin/turmeric |
| <input type="checkbox"/> Cod Liver Oil | <input type="checkbox"/> Lycopene | <input type="checkbox"/> Vitamin water |
| <input type="checkbox"/> Fish Oil | <input type="checkbox"/> Beta-carotene | <input type="checkbox"/> Zinc |
| <input type="checkbox"/> Flax seed oil | <input type="checkbox"/> Melatonin | <input type="checkbox"/> Resveratrol |
| <input type="checkbox"/> Magnesium | <input type="checkbox"/> Selenium | <input type="checkbox"/> Other (please specify
_____) |
| <input type="checkbox"/> Calcium | <input type="checkbox"/> Glucosamine/Chondroitin | |
| <input type="checkbox"/> Coenzyme Q | <input type="checkbox"/> Iron | |
| <input type="checkbox"/> Niacin | <input type="checkbox"/> Potassium | |
| <input type="checkbox"/> B-complex | <input type="checkbox"/> Chromium | |

ACTIVITY HISTORY

34.) What is your normal walking pace outdoors? Select one

- | | |
|--|--|
| <input type="checkbox"/> Slow (less than 2 miles per hour) | <input type="checkbox"/> Very brisk / Striding (4 mph or faster) |
| <input type="checkbox"/> Normal, average (2 to 2.9 miles per hour) | <input type="checkbox"/> Unable to walk |
| <input type="checkbox"/> Brisk (3 to 3.9 miles per hour) | |

35.) How many flights or sets of stairs (NOT steps) do you climb daily? Select one

- | | |
|--------------------------------------|---|
| <input type="checkbox"/> < 1 flight | <input type="checkbox"/> 5-9 flights |
| <input type="checkbox"/> 1-2 flights | <input type="checkbox"/> 10-14 flights |
| <input type="checkbox"/> 3-4 flights | <input type="checkbox"/> 15 or more flights |

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ACTIVITY HISTORY, continued

36.) During the PAST 2 MONTHS, what was your average time PER WEEK spent doing each of the following recreational activities?

	0 min	1-4 min	5-19 mins	20-59 mins	1-1½ hrs	2-3 hrs	4-6 hrs	7-10 hrs	11+ hrs
Bicycling (including stationary machine)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Jogging (slower than 10 minutes/mile)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Lap swimming	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Lower intensity exercise (yoga, stretching, toning)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other aerobic exercise (calisthenics, ski or stair machine, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other vigorous activities (e.g. lawn mowing)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Outdoor work	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Running (10 minutes/mile or faster)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sitting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tennis, squash, racquetball	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Walking for exercise or walking to work (including golf without a cart)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Weight training	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other (specify _____)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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EMPLOYMENT HISTORY

37.) Have you ever worked for more than 6 months in any of the following jobs? If your work in any of these industries is *primarily* office or administrative related, please indicate this by checking the appropriate box below.

Industry	Primarily Office/Administrative Work
<input type="checkbox"/> Aircraft maintenance	<input type="checkbox"/>
<input type="checkbox"/> Building construction	<input type="checkbox"/>
<input type="checkbox"/> Hair dressing	<input type="checkbox"/>
<input type="checkbox"/> Fire-fighting	<input type="checkbox"/>
<input type="checkbox"/> Maritime	<input type="checkbox"/>
<input type="checkbox"/> Food services	<input type="checkbox"/>
<input type="checkbox"/> Landscaping	<input type="checkbox"/>
<input type="checkbox"/> Agriculture	<input type="checkbox"/>
<input type="checkbox"/> Gas distribution as station attendant	<input type="checkbox"/>
<input type="checkbox"/> Postal service as mail carrier	<input type="checkbox"/>
<input type="checkbox"/> Mining	<input type="checkbox"/>
<input type="checkbox"/> Oil refining	<input type="checkbox"/>
<input type="checkbox"/> Police detachment	<input type="checkbox"/>
<input type="checkbox"/> Plumbing	<input type="checkbox"/>
<input type="checkbox"/> Road construction and maintenance	<input type="checkbox"/>
<input type="checkbox"/> Roofing	<input type="checkbox"/>
<input type="checkbox"/> Waterproofing	<input type="checkbox"/>
<input type="checkbox"/> Rubber	<input type="checkbox"/>
<input type="checkbox"/> Metal working	<input type="checkbox"/>
<input type="checkbox"/> Traffic / Warehousing / Shipping	<input type="checkbox"/>
<input type="checkbox"/> Manufacturing of electrodes	<input type="checkbox"/>
<input type="checkbox"/> Gas works	<input type="checkbox"/>
<input type="checkbox"/> Tar distillery	<input type="checkbox"/>
<input type="checkbox"/> Aluminum production	<input type="checkbox"/>

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EMPLOYMENT HISTORY, continued

38.) Have you ever performed any of the following tasks in the context of your work? If so, please specify the approximate number of months.

Tasks	Approximate number of months?
<input type="checkbox"/> Hair dying	
<input type="checkbox"/> Operating a boat engine	
<input type="checkbox"/> Metal working (grinding, cutting, extruding, machining)	
<input type="checkbox"/> Furnace work	
<input type="checkbox"/> Fire-fighting	
<input type="checkbox"/> Cooking	
<input type="checkbox"/> Baking bread products or pastries	
<input type="checkbox"/> Operating cook oven	
<input type="checkbox"/> Chimney sweeping	
<input type="checkbox"/> Brick-laying	
<input type="checkbox"/> Masonry	
<input type="checkbox"/> Carpentry	
<input type="checkbox"/> Repairing electrical equipment	
<input type="checkbox"/> Driving a forklift	
<input type="checkbox"/> Bartending	
<input type="checkbox"/> Waiter / Waitress	
<input type="checkbox"/> Gardening	
<input type="checkbox"/> Waste Incineration	

ENVIRONMENTAL HISTORY

39.) Have you ever used permanent hair dye for more than one year? No Yes

a.) If yes, approximately what year did you begin using it?

b.) If yes, approximately how many years total have you used it?

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ENVIRONMENTAL HISTORY, continued

40.) Have you ever been exposed to any of the substances listed below for at least 8 hours per week for 1 year or more, either on a job or while working on a hobby?

	At work	At home	Recreationally	Approximate number of years
<input type="checkbox"/> Asbestos	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Cutting oils or motor vehicle oils	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Asphalt, tar, or pitch	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Benzene or other solvents	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Pesticides	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Herbicides	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Fertilizers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Gasoline or other solvents	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Petroleum products other than benzene	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Grain dust	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Engine exhaust	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Mercury	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Lead solder	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Cadmium	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Cotton dust	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Silica / sand dust	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Lead	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Arsenic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Mineral oils	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Soot	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Creosote	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Inks, dyes, or tanning solutions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Dry cleaning agents	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Vinyl chloride, or plastics	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Acrylic and oil-based paints	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Varnish, lacquer, or glue	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Paraffin wax	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Coal dust	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Metals (lead, nickel, zinc)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Radioactive materials	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> X-ray radiation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Wood dust	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Agent Orange	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Agent White	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Welding fumes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Pneumatic drills (vibrations)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Other (Please specify: _____)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

DFCI USE ONLY:
DFCI MRN # _____
Protocol ID # _____

**Medical Questionnaire and Tissue Banking for Multiple Myeloma, Waldenström
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**Thank you for completing this questionnaire.
We appreciate your participation.**

We would like to invite you to complete the optional dietary questionnaire
which will be provided to you.